

polybutylene terephthalate, polyvinyl chloride, polyvinylidene chloride, polystyrene, polyvinyl acetate, polyacrylonitrile, polycarbonate, and polyacrylate;

0.01 to 200 parts by weight of at least one medical ingredient (B) acting on the skin or hair selected from the group consisting of a moisturizer, a whitening agent, a UV absorber, a slimming agent, a circulation promoter, an astringent, an anti-inflammatory agent, a wrinkle-formation preventive agent, an ameliorating agent, a cooling agent, a warming agent, a hair remover, a hair growing agent, a hair-growth regulating agent, and a hair nourishing agent; and

at least one oily ingredient selected from the group consisting of a natural fat, natural oil, hydrogenated oil, glyceride derivative obtained from hydrogenation of natural fat, glyceride derivative obtained from hydrogenation of natural oil, higher fatty acid, higher alcohol, ester derivative of higher alcohol, ester derivative formed of higher fatty acid, glycerin, polyglycerin, monoester, diester, and hydrocarbon;

wherein said sheet comprises a modulus of from 1 to 2000 cN/10 mm when the sheet is stretched by 50%.

10. (Amended) The sheet according to Claim 8, wherein said soft segment comprises at least one member selected from the group consisting of polybutadiene, polyisoprene, polyethylene, polybutylene, ethylene-propylene -diene terpolymer, ethylene-propylene copolymer, polyether, and polyester.--